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Maura J. Rossman, M.D., LHIC Co-Chair
Health Officer, Howard County Health Department

Steven C. Snelgrove, LHIC Co-Chair
President, Johns Hopkins Medicine Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Weight Work Group Meeting

March 23, 2017 – 8:30 – 10:00 a.m.

Barton A & B

Minutes

Members Present:

Mary Ann Barry, Transition Howard County
 Tara Butler, HC General Hospital
 Melanie Berdyck, Giant Food, Inc.

Jeannie DeCray, HC DCRS
 Katie DiSalvo-Thronson, Horizon Foundation
 Brian Jolles, We Promote Health
 Kayla Kavoukas, HC Health Department

Vanessa Michel, HC Health Department
 Vanessa Pierre- Louis, Maryland Hunger Solutions
 Katherine Ryan, MD American Academy of Pediatrics
 Glenn Schneider, Horizon Foundation
 Barbara Wasserman, Community Member
 Renee Ricks, United Health Care

Guests Present:

Stacy Fritz, Fit2Order

Staff Present:

Kelly Kesler, HCLHIC Program Director

| Topic/Agenda | Discussion | Action/Follow-up/Outcome |
|--|---|--|
| Welcome and Introductions | Kayla Kavoukas called the meeting to order at 8:42 a.m. Participants introduced themselves. | |
| Approval of Minutes and Announcements | <p>Kelly Kesler provided a re-cap from the February 16, 2017 meeting and asked for any corrections to the minutes from that meeting.</p> <p>Group members shared announcements.</p> | <p>Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal.</p> <p>Group members are encouraged to provide event information for inclusion on the LHIC website and to visit the site for information on upcoming Healthy Weight Events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/. To request an event be added to the HCLHIC Community</p> |

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| | | <p>calendar contact Kelly Kesler at kkesler@howardcountymd.gov</p> <p>A motion to accept the minutes as written was made by Vanessa Michel and seconded by Barbara Wasserman.</p> <p>For information about Get Active Howard County contact Brian Jolles at brian@wepromotehealth.org</p> <p>Days of Taste® will be holding a Volunteer Breakfast for new and experienced volunteers on April 5, 2017 and April 6, 2017 from 8:30-10:00am. For more information contact Riva Eichner-Kahn at tastewisekids@gmail.com.</p> <p>Click the link for details about the Health Department's National Public Health Week event at the Columbia Mall on April 1, 2017.</p> |
| Old Business | <p>Kelly Kesler provided a brief update on the Farmer's Market FY 17 Action item and the Fit Family Night FY 17 Action item.</p> | <p>Work Group members are needed to volunteer for Family Fit Nights. To volunteer, please contact Kelly Kesler at kkesler@howardcountymd.org.</p> <p>March 29-Waterloo Elementary School April 25-Bryant Woods Elementary School April 26-Waverly Elementary School Additional dates/locations as requested.</p> |
| Guest Presentation | <p>Stacy Fritz from Fit2Order presented on the Fit Family Night program and the Fit2Order organization.</p> | <p>For additional information members may visit www.fit2order.com or contact Stacy Fritz at stacykf@fit2order.com or 410-746-6286.</p> |
| New Business | <p>Glenn Schneider from the Horizon Foundation provided an overview of the 2017 Journal of the American Medical Association Article detailing the <i>Association of a Community Campaign for Better Beverage Choices with Beverage Purchases from Supermarkets</i>.</p> <p>Katie DiSalvo-Thronson from the Horizon Foundation provided an</p> | <p>The article and presentation are available at http://www.hclhic.org/membership/meeting-portal/healthy-weight-work-group-meetings/2017-meetings/march-2017.</p> <p>Individuals or organizations can call 410-313-2013 interested in communicating their views on the Bikeway Initiative.</p> |

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| | update on the Bikeway Initiative. | |
| Wrap Up and Adjournment | The work group meeting was adjourned at 10:17 a.m. | |
| Action Group Break Outs | <p>The Work Group broke out into two action groups to discuss/follow-up on action items.</p> <p>The Physical Activity Action Group discussed networking opportunities among action group members.</p> <p>The Nutrition Action Group discussed updates on Farmer’s Market initiative marketing meetings.</p> | <p>Nutrition Action Group members are asked to share any warm-leads and connections for marketing to businesses/building management in surrounding areas. To assist, please contact Kelly Kesler at kkesler@howardcountymd.org.</p> |
| Wrap Up and Adjournment | Action Group break out meetings adjourned at 10:35 a.m. | |

Work Group

May 25, 2017 8:00-10:00 a.m. (Barton A)

FULL LHIC

April 27, 2017 8:30-10:30 a.m.

June 22, 2017 8:30-10:30 a.m.

September 28, 2017 8:30-10:30 am **Please note this is a revised date*

Respectfully submitted by
 Kelly Kesler, M.S., C.H.E.S.
 Director, Howard County Local Health Improvement Coalition